



4Hands

THE INTERNATIONAL SCHOOL OF POZNAN MONTHLY



Halloween page 12
Cancel Cancer page 18
International Day page 20

nr 2 / 2018

**“Educating the mind without educating the heart is no education at all.”
-Aristotle**

By Małgorzata Pyda, PYP Coordinator

As I walk down the hallways of our new building every day, I can hear the students’ chatters and laughter, children’s voices singing, the rhythmic beats of drums and the shouts of excitement from the victorious athletes. The atmosphere of ISoP is filled with enthusiasm, creativity and collaboration.

Our school is different than any other school in Poznań. We value innovation, cooperation, action and respect and strive to nurture them in our students. We create opportunities for students to explore their roles of world citizens and develop their understanding of global issues inside and outside the classroom context.

So if you ask me about the number of international students in the PYP section of ISoP, I always tell you: 250! Each and everyone is international, no matter where they come from. It is through educational experience that students can develop a sense of international-mindedness, which gives them power to solve problems facing the world.

New Building - Grand Opening - 03.09.18



New Staff



Hasan Al-Rifaie - Math Teacher

Hi everyone! Its me, „Hasan”, the new math teacher. I had lived in England before I moved to the beautiful city of Poznan in 2014. With my recent PhD degree and seven years of lecturing experience at different universities (including the Poznan University of Technology), this summer I started the exciting role of teaching Middle and High School students. Being at ISoP, the „cooperative-supportive staff” and the „knowledgeable-innovative students” are my main two factors of motivation. I wish all my students a great school year!

Maria Pawełczak - Library, EAL/PAL Teacher

My name is Maria Pawełczak and I'm very happy to be a new English/Polish as an Additional Language as well as a librarian in ISoP. I'm passionate about languages, literature, traveling and meeting new people. That's why I find my job here as the perfect one :)

I believe that the best way to acquire a language is to dwell into its culture. For that reason, at my PAL classes I frequently use Polish songs, cartoons, movies, literary extracts and games. It seems to me that learning a language doesn't necessarily mean memorizing grammatical endings and rules, but it has to do with a personal development and growth. As a big enthusiast of bibliotherapy, I ask my students to read short stories, poems, legends and fairy tales in Polish.

In my free time, I love reading, practicing yoga, watching TV shows and taking long walks with my dogs. I'm looking forward to seeing you at my classes :)



Natalia Lauda - PYP Teacher

My name is Natalia Lauda and I'm the new K2a co-teacher. It took me some time to decide what to do in life. I had studied French language and Ethnolinguistics and had travelled for a while before I finally decided to become a teacher. Now I am glad to be a part of ISoP!

I enjoy reading and listening to music. Travelling also makes me very happy!

Sylwia Osińska - PYP Teacher

My name is Sylwia Osińska and I am the new co-teacher in G3. I am an enthusiastic person who loves working with kids. Last summer, I was seeking a new, challenging work, different from my previous ones and that is how I got a job here. After three months of work here, I must say I have the best team in school. I also realized how many new things I need to learn and they can teach me it in the best way. I am a mountain lover. I love skiing and hiking. My plan for this year is to reach the top of Mount Rysy (highest mountain in Poland). My second hobby is cooking. That is why I host a cooking club with Miss Kasia Tabin:)



G1 Corner:

By Agata Brzezińska, G1b Teacher

Communities

G1s learned about communities during the first Unit of Inquiry. Students tried to understand why people create communities, what they have in common and how they benefit from each other. Our pupils visited their neighbourhood - Jasińskiego Park, the INEA stadium and the Kopernik Culture Centre.

Host country

Second Unit of Inquiry in G1 was about Poland as our host country, its heritage and geographical features. Students learned a lot about how Poland was created, how the country varies in terms of geography, what animals live and what plants grow in the Polish woods. G1s visited Brama Poznania and Rogalowe Muzeum in Poznań and they made lots of artwork in the classroom.

Reading with Parents

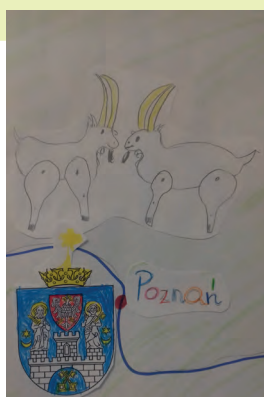
The parents of G1b students visit our school library where they read stories to our students. The students enjoy that time very much. We are more than happy that the parents spend some time with us, get involved and make our students smile. A big thank you to Mr. Michael Robinson (Julia's dad), Mrs. Paulina Witomska (Lila's mum), Mrs. Joanna Babik (Antek's mum) and Mrs. Izabela Adamska (Lilka's mum). We loved it!

Taking Action

Taking action by our students is an immensely important part of PYP learning. Lila Kulesza from G1b is always involved in learning with a head full of creative ideas. After listening to the story *How Full Is Your Bucket?* read by her teacher during reflection time, she came to school the next day with drawings that explained the content of the book. She wanted to show her friends how she understood the book. Moreover, she also prepared a game for her classmates, so they could play it, enjoy it and fill their own buckets. Well done, Lila!

Little Girl with a Big Talent

Gabrysia Krencisz-Perła from G1b seems to be a very talented girl. Her drawings are extraordinary, very detailed and precise for such a young girl. Gabrysia is always very diligent while working, no matter if she copies a picture or draws from her imagination. Take a look at her work. A big talent hidden in a little girl.



Drama Club

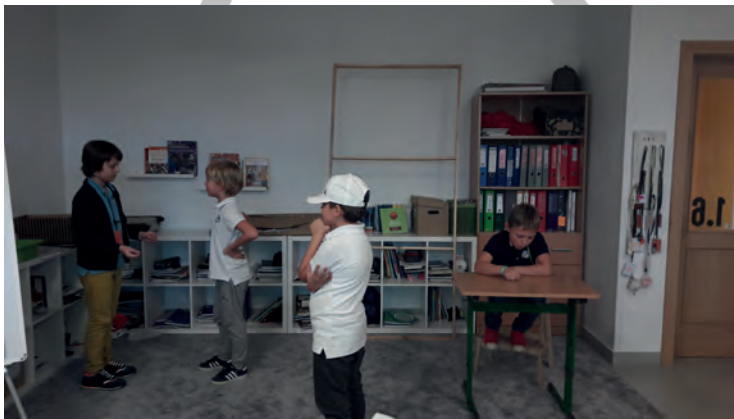
By Monika Tomaszewska, G4 Teacher

Setting up a drama club has been one of the best decisions I have made since I started working in International School of Poznan. As every year, I am extremely happy to see so many familiar faces again and new students joining our club. This school year I would like to officially welcome and thank Miss Agata Brzezińska, G1 Teacher, who helps me running the club. Without a doubt, our cooperation will be very fruitful and I am lucky to have such a great companion!

Our regular meetings are conducted every Monday. In the meetings, members can watch drama productions and then comment on the performances of the actors, which helps them avoid making mistakes in their own productions. Drama can help develop members' abilities to respond to characters through verbal and non-verbal means. Members listen to others' lines and read aloud their own. They can even create their script. As a result, practice makes perfect.

In September, we started with some drama activities, performing short scenes in front of others, discussing what we should remember about while on stage and watched Christmas performances of kids from other schools to get some ideas.

Currently, drama club members are getting ready for the 2018 Christmas Show. They are very busy during Monday rehearsals and they put a lot of effort into practice. Time is running, yet there is lots to be done so keep your fingers crossed for us!



G4's Outside Challenges

By Monika Tomaszewska, G4 teacher



At the beginning of the school year, G4 students had a lesson full of various challenges outside. Both classes were lucky as the weather was marvellous - a full summer! The students worked in teams. Their tasks, written on the small pieces of paper, were hidden on the playgrounds. They faced various challenges connected to Maths, Language, P.E. and the PYP Learner Profile. G4 pupils were very enthusiastic and managed to solve all the tasks and riddles within the given time. Great job G4s!



G4's Trip To Radio Poznań

By Anna Żak and Antonina Sendlewska, G4 students

G4 students went for a trip to Radio Poznań. It was connected to the Unit of Inquiry about Media. The students were guided by Mr. Marcin Żyski who works there. He took us around the studio and we had a chance to be on the radio for a minute.



G4 classes got to see the whole recording studio and even said a few words on AIR. We said: Greetings G4b here! or Good morning everybody, G4b here!

We not only listened to the things Mr. Marcin said but, we also took a lot of notes with the answers to various questions we asked. We wrote down information related to the radio during the whole visit on our notepads and learned a lot of facts. The trip was very interesting!

G4's WTK Trip

By Adam Bednarz and Maciej Mazur, G4b

WTK is a local TV station. WTK means Wielkopolska Telewizja Kablowa. It was created in 1994. WTK gets money from commercials, which means it is a commercial TV. Now, an interesting fact! The building where the WTK is located was a cinema at first, and now it hosts a TV studio! It is live from 5 a.m. till 9 p.m. There are a few channels of Wielkopolska Telewizja Kablowa, for example: a channel called Lech TV (in 2018 it was transferred into INEA Stadion) and a channel with movies called FilmLab.

G4s had an opportunity to visit the WTK station. During our trip we asked lots of questions about WTK. We also saw a lot of pictures of the logo. We found out that everybody who is on the air, needs to have makeup. We saw the makeup room. We also had a game in which two girls and two boys had the makeup done. The girls were Sophie and Nikola. The boys were Adam and Antek. It was funny to see them with red lipstick on.

During the whole trip we needed to be quiet because people were working there. We went to the most important space - the recording studio. We found out that the journalists know what they need to say thanks to the screen which shows the script.

We had a group photo there. At the end, we were in a small room in which there was a microphone. The wall was covered with a grey sponge. It was needed because it keeps the room quiet. It was a great trip and we learned a lot.



G4s at IMAX

By Nikola Andrzejewska and Zuzia Babiaczyk, G4b

On Wednesday, October 17, G4s went to the IMAX cinema in Plaza. The trip was connected to our Unit about Media. We went by bus. The film was titled *African Adventure*. It was very educational; it was about animals in Botswana and people who went there to take pictures and record videos of animals and nature. It was filmed at the Safari in Okavango. Thanks to the film we know more facts about the animals and life in Africa. The scientists in the *African Adventure* were driving special vehicles (land, water, wetland) and they were exploring the nature around them. They used binoculars to have a closer look. They used carpets and covers to cover their boats during the nights to sleep. The film presented hippos, owls, elephants, lions, alligators, birds and fish. What was interesting is the fact that the animals weren't interested in the people around them. They ignored them that is why they could easily observe and record, even the lions. We enjoyed our trip a lot!

My Dad's Visit

By Gabriela Łukowska, G4a

My father visited our class on Thursday, on October 11. He showed us how computers have changed in the last 20 years.

He showed us very old computer with a glass screen. The name of the computer is iBook G3. That iBook looks like a suitcase because it has a handle.

I saw a computer from the inside, its heart is called a logic board. Next, my dad showed us new generation of computers.

Every Apple product has a logo on it. It looks like a bitten apple. In the past the company used an old logo, which was like a rainbow logo.



G4's Guest Speaker

By G4 Students

Mrs. Tymowski, Lena's grandma and the President of the International Ladies Club in Poznań, visited us to present customs of the South African tribes. She brought the Kodak Carousel Slide Projector and used it to show us some photos she took once she lived in South Africa.



G5's Orienteering Run in Cytadela Park

By G5 Students

In connection to our Unit of Inquiry about explorations, on Thursday, October 11, both G5 classes went to Cytadela Park to learn how to navigate terrain. Our PE Teacher, Mr. Michał Pyda, had organized a scavenger hunt for us there. We got maps and compasses and we had to find our way around the park. We were divided into three teams: Bananas, Cherries, and Strawberries. We had lots of fun reading maps, using navigation tools and finding clues. Thank you Mr. Pyda for organizing the run for us!



The more we get together...

by Agnieszka Donaj, K1 Teacher

In September, K1 students took part in a fantastic workshop *Kindergarten Train* organized by Fundacja Rozwoju Talentów. The workshop was dedicated to integration, building up self-esteem and proved why it is important to be active during team work. The children created and nicely decorated their own train carriages to make a long, colourful train to hop on. It was a really happy experience and K1 is looking forward to having another workshop soon in December.



Archaeological Museum Trip

By G5 Students

On Wednesday, October 3, both G5s went to the Archaeological Museum (Rezerwat Archeologiczny) on Wyspa Tumska in Poznań. The Central Idea of our Unit of Inquiry is *Exploration Leads to Discoveries, Opportunities, and New Understanding* and the trip was connected to our Unit. We learned about archaeologists and their interesting job.

Archaeologists search for artefacts to discover something about people from the past. We also had an opportunity to feel like real archaeologists, because we were asked to find little objects hidden in sand. After having fun with the artefacts, we watched a film about Greater Poland. In this museum, there was a glass floor under which we could see relics of walls from the time when Mieszko I lived. We could even touch some of the artefacts and replicas there. When we were walking on the glass floor, many people were excited when the floor level was decreasing. It felt really strange and some people had a feeling like they were falling. When we got down, we learned about the old walls and a way people built it in the past. In our opinion, the trip was very interesting and we recommend it to future G5s!



Exotic Snack

By Bartosz Bela, G5b

During our Unit of Inquiry about exploration we were asking important questions: what are the reasons for exploration? How exploration evolved over time? What are the consequences of exploration?

Inspired by explorations of exotic places we decided to organize an Exotic Snack! We brought food made or grown in other countries. We had spices, Brazilian nuts, mango, pineapple and many more. This showcased one of the consequences of exploration - a variety of food. Everyone showed their products and described each item. Everyone tried other foods. One of the dishes took two months to prepare and it was really spicy, however, some people took full spoons of it. It was hot especially that there was no milk right next to the spice. So you had to get your own water! It was a good day we were happy to have it!



Our Trip to the Arkady Fiedler Museum

By Anita Staniszewska, G5b

Arkady Fiedler (1894-1985) was a Polish explorer and writer. In the times he lived in it was hard to get a passport or even a plane ticket. Because of his passion for traveling and nature, he traveled to places such as the Amazon Jungle, Canada, Africa and many more. He wrote books about all of these places - in his museum there is a whole wall covered with his books! He was inspired by his dad, Antoni Fiedler, who took him for some trips when he was young.

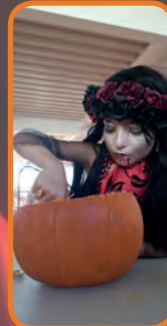
In September, both G5 classes went on a trip to the Arkady Fiedler Museum in Puszczykowo. It is a small museum located in Fiedler's former house. In the museum there are walls full of cockroaches, butterflies, and all sorts of guns and photos. Arkady's son, Marek Fiedler, showed us things inside the house. There was an aquarium with a piranha! They used to have six meat-eating piranhas, but they ate each other. Then they had three vegetarian piranhas, but they all died. Only this one is still alive. Mr. Fiedler called it a grandma. Outside there was a garden of tolerance. We went through it and got into an artificial ancient Mayan Tomb. There were very unpleasant stone monuments. It was dark and gloomy. After that we went to a pyramid. It is claimed that there is positive energy pyramids. The walls were facing the world directions and each represented different things, e.g. good health, energy, love. There were very cool souvenirs. We also went to see the exhibition of Squadron 303, a World War II Polish squadron of the British Royal Air Force. Arkady piloted some of the ships and wrote a book about him fighting - on the basis of that book a film was created! At the end we boarded the replica of Christopher Columbus's ship: the Santa Maria. It was the same size as the original one, and we were all surprised that it was that small.

The trip was very successful and we enjoyed it a lot. We recommend to visit it!





Halloween



31.10.18



G9s at Animal Shelter

Last school year, both now G9 classes organized bake sales and promised that all proceeds will go towards helping an animal shelter.

We are happy to announce that with the money we earned from those bake sales, we purchased food and blankets and on Thursday, November 22, we delivered our gifts to the Animal Shelter in Skałowo. There, we also took part in a safety workshop - how to behave in case of a dog attack.



G6'S GREEK GODS' FEAST



Wallpaper Winner!

By Adrian Dąbek, ICT Teacher

It is our ISO P tradition that students design a wallpaper that is then used on school computers throughout the academic year. The clear winner this year was designed by Natasza Ładziak and Lena Buczyk from G8a!

The runner-ups - ex aequo - were designed by Pola Machonska and Lena Matoga both from G8a as well as Ula Kliukeviciute and Claudia Ramirez, also from G8a. Nikodem Czapski's design, also G8a, finished third. Congratulations to all!



Marathon Volunteers

By Maciej Wasilewski, TOK, ZEN, Ethics Teacher

On Sunday, October 14, twenty one ISO P Diploma Programme students volunteered at the 2018 Poznań Marathon. The group met at 7am at Droga Dębińska (in the middle of nowhere, if you like) to arrange the stand with everything that long distance runners need.

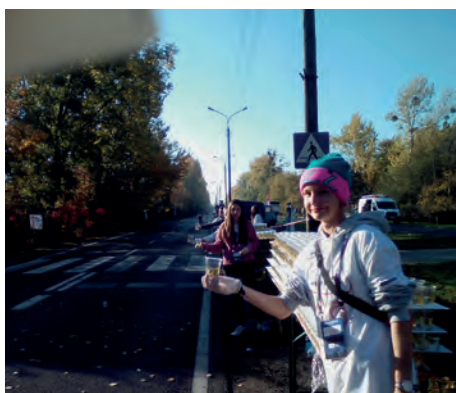
A short test? Encircle correct answers.

Marathon runners on the route need:

- a) umbrellas
- b) a word of encouragement
- c) power banks for their mobiles
- d) water or isotonic drinks
- e) bananas
- f) chocolate
- g) a photo

If you chose b, d, e and f you also can become marathon volunteer next time for you have a sound sport intuition. In fact, our task as volunteers was not only to prepare all these things bottom-up, but to serve them when runners were passing by calling out names of things we had on our stands. We formed "a marketwives crew" advertising what we had: Chocolate! Bananas! Iso! Water! (water was not only for drinking but for splashing on sportsmen who asked for it).

There were moments of awesome rush when we couldn't keep up filling up cups and handing out bananas followed by moments to quip and laugh. All in all this was a wonderful Sunday. You are welcome to join us next time (if you are 14 years old or up).



Congratulations!



Gabrysia Kozłowska, G8a, took part in the WKKW Poland Cup Final in Baborówko. In her age category, she won the Younger Junior Final and received a silver medal for the entire season!



Odo Czapracki, G7b, won 1 place at the Family Tennis Camp, U14, 15-17.09. Also, Odo is a part of a Czech tennis team U12, and together with his teammates he got first place at the Laver Cup. It was his last U12 tournament. Great job, Odo!



Athletics Team

By Michał Pyda, PE Teacher and ISoP Cross Country Coach

Our school athletic team took part in cross country championships on Wednesday, September 26. We were 30 school representatives strong - highly trained RAMS! The Poznan Championships were held in a relay formula so ten students had to run 1K, one after another.

All RAMS did well and we were very close to qualify to the State Championships - maybe next time :)

The best relay team in girls category - G8/VII and up, took 8th place out of 25 schools. Boys up to G7, finished at 10th place out of 32 schools. Girls up to G7 - 15th place out of 27 schools.

Congratulations to all cross country runners and good luck at the next competition.



RAMS Basketball

By Mr. Adrian Dąbek, ICT Teacher & RAMS Basketball Coach



On Friday, October 26, our ISoP Rams played their first game in this year's High School League. We played ZSZ nr 6 with only six students present. The other team had a full roster of 15 players. Despite all our efforts, the lack of energy made it impossible to win. We started out well, trailing the other school with just 4 points. Unfortunately, Jerzy Krymarys, our key player during this game, got into foul trouble and had to be benched. The lack of substitutions drained the stamina from our valiant RAMS. Towards the end of the 3rd quarter our RAMS were down by 26 points.

At the beginning of the 4th quarter Jerzy caught his last foul and was eliminated from the rest of the game. He managed to score 14 points in the first 3 quarters. With just 5 of our students playing, they attempted a last surge but it wasn't enough and in the end we lost by 19. In general it was a great team effort, with all but one player scoring. Jerzy from class „0” was the highest scorer with 14 points, Krzysztof Furmann from GIII and Antoni Łojewski from DPII scored 10 points each, Jan Dreas from DPI scored 6 points and Filip Stankowiak from DPIII added 4 points. We will address the mistakes and improve during the next game. GO RAMS!!!

More Basketball

While everyone was enjoying the November break and hopefully relaxing, our High School Basketball Team was hard at work practicing for their next game. On Monday, coach Adrian Dabek rented a gym at the Poznan Center of Recreation and Sports, and also a nearby Orlik for additional training. For over two hours our Rams were running drills, practicing passing, lay-ups and other elements. It was a productive experience enjoyed by all.

Four days later, on Friday, the team faced off against St. Mary Magdalene High School. Despite our Rams' hardest efforts and the help of last year's graduate Alexander Sitarski, who was visiting his family and allowed to play, another loss was recorded on our account.

The game and its mistakes were analyzed by the coach and the team, and a new training program has been introduced, which will hopefully improve all aspects of the game and guide our Rams to many victories. Till next time, GO RAMS!!!



ISoP Hosts the Cancel Cancer in Poznań

An amazing initiative called Cancel Cancer in Poznań took place at our school on October 18 and 19. The idea to organize such event came from Marianna, mom of our three students. She also involved a group of parents and teachers who were supporting her. The key goals of this event were to carry out screening ultrasound examinations of our children, and to disseminate knowledge concerning cancer prevention among our parents and students.

Equally, this was a fundraising event aimed to support the patients and their families receiving treatment at the Clinic of Oncology, Hematology, and Pediatric Transplantation at Szpitalna Street in Poznań.

The whole event was held with the cooperation of the Ronald McDonald Foundation and Dzieciaki Chojraki – Daring Kids Association.

The Ronald McDonald Foundation has been conducting the screening ultrasound examinations of children since 2005 all over Poland. Moreover, they support families to maintain a degree of normal life while their child is undergoing oncological treatment at a hospital.

Dzieciaki Chojraki is the Association for Support of Bone Marrow Transplant and Children's Oncology. It is a group of engaged doctors, parents and people of goodwill, who since 1999 have actively supported the cause of the Oncology, Haematology and Paediatric Transplantation Clinic at the Karol Jonscher Clinical Hospital in Poznań. Prof. Jacek Wachowiak is the director of the clinic and the head of the association.

During our event doctors examined 182 children in the Ronald McDonald's Ambulance. Moreover, 49 people registered as potential stem cell donors. Many parents attended the lectures concerning cancer prevention. Children and parents took part in the bazar, some bought the donation certificates in the value of 10, 50, 100 and even 1000 PLN!

We participated in e-auctions on charytatywni.allegro.pl – there were many fantastic items like T-shirt from Robert Lewandowski with his signature, photo session with top models, clothes, jewelry, paintings and many others! Krzysztof Skibicki – the robotics' teacher– lead the workshops of drone programming.

We had also many other activities:

- the youngest students met with the policeman who taught them how to behave in different dangerous situations,
- Middle School students and the Bilingual School students took part in workshops regarding first aid, they had lectures about designer drugs, they could use the „alco-goggles” to simulate the alcohol impairment,
- the IB DP students met with Małgorzata Drobczyńska, mom our two students, who gave a lecture on the influence of stimulants on health and natural nutritional ways of supporting memory and concentration.

We would like to thank the IB DP students who supported us a lot during our event.

Today we can say that we have raised over 64 000 PLN!

With this money we can do really a lot to help the families of sick children. We will keep you informed on that!

Many thanks for your support!

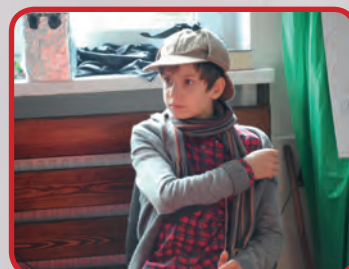
The Cancel Cancer Team

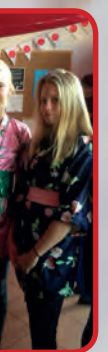






International Day 28.09.18





The Emerging Fashion for Classics

By Adam Giżewski, IBilla

Over the years, the vehicle sector has developed very rapidly. Nowadays, people all over the world get excited not only about the particular brands (Ferrari, Lamborghini) but also current technology that makes vehicles to some extent intelligent. Actually, hardly anyone realizes what was the base for the current models. However, it changes, thanks to the emerging fashion for classics.

Due to the projects of the cars that slowly comes down to the same shapes and in general design, people want to get more unique models, just to stand out. These include mainly: Mercedes, BMWs, Jaguars, all from the 80' and 90'. Prices of these cars vary from 3000 € (poor quality) to even 500 000 € (the rarest models). The prices of these depend on not only condition (mileage, rust, originality) but also the history (previous car of someone famous) or special, limited editions. To get the greatest conditions, people import cars from Japan (low due to relatively small country), Switzerland and Germany (credibility). Nowadays classic cars are believed to be a very good investment. For example, considering emerging CO2 emission restrictions, the biggest engines are very appreciated. Rich people buy these and put them to the garages, maintaining their conditions. These models can gain up to 40% of value each year! Due to big demand and popularity not only new businesses opened (importers, mechanics) but also many organizations. The principal of these is to gather owners as well as enthusiasts. Even in Poznań, there are such events organized for example: Poznań's Classics In the Night or Mercedes Poznań Club. Each meeting takes place in various locations, weekly, only if the weather is good enough for the state of the cars. The ownership of a classic car is a great journey through which you can gain a lot of experience in the field of mechanics and the feeling of 80', 90' even if you weren't born then. Sometimes it is good to take a moment from the rapid pursuit of technological development and delight in classics, the beautiful sign of the history!

If you have any questions about the topic or if you wanna start your journey with a classic as an enthusiast and owner I would be pleased to help you!

Picture 1 caption: Poznańskie Klasyki Nocą hosted at Inea Stadion parking

Picture 2 caption: One of the most desirable model – Mercedes 300 SL, owned by the racing driver Nico Rosberg, is worth approximately 400k €



The Greatest Showman

By Minji Park, DP111a

Watching musical movie can be the cure for you to release stress after work or study. It seems like musical movies have unique energy to charge our mind and amuse us tremendously. Musical movies don't only provide beautiful plots, but also amazing singing performance from the actress and actors within the films.

I've watched several musical movies like Lala Land and Pitch Perfect. Those are the examples of good musical movies, because, beside inserting dramas inside the scenes, musical performances are also embedded as complementary ingredients to make the entire stories look great. Lately, I just watched The Greatest Showman, a musical movie inspired by the life of P.T. Barnum, starring Hugh Jackman. The movie was directed by Michael Gracey and it stars Hugh Jackman, Zac Efron, Michelle Williams, Rebecca Ferguson, and Zendaya.

Orphaned, penniless but ambitious and with a mind crammed with imagination and fresh ideas, the American Phineas Taylor Barnum will always be remembered as the man with the gift to effortlessly blur the line between reality and fiction. Thirsty for innovation and hungry for success, the son of a tailor will manage to open a wax museum but will soon shift focus to the unique and peculiar, introducing extraordinary, never-seen-before living acts on the circus stage. Some will call Barnum's wide collection of oddities a freak show, however, when the obsessed showman gambles everything on the opera singer Jenny Lind to appeal to a high-brow audience, he will somehow lose sight of the most important aspect of his life: his family. Will Barnum risk it all to be accepted?

After watching this movie, many people have claimed that there are at least nine greatest things we can learn from the Greatest Showman, which are:

Happiness can be found in simplicity.

True Love does exist!

Being different is not a disease. Let's just embrace it!

Don't judge the book by its cover.

Following your inner voice is the best decision.

Cheating is just not right practically, logically and philosophically.

Second chance happens because there is a will and hope!

Be grateful toward everything you have.

Family is everything.

THE GREATEST SHOWMAN

Model United Nations - MUN

By Juuso Savolainen, DP11a

This October, many students from the Diploma Programme took part in an initiative called the Model United Nations here in Poznań. Model United Nations is a simulation of the real United Nations, in which students and other people can take part in. Each student that took part in the event was assigned their own country that they were the representatives of.

MUN by no means was a place to slack around. Every attendee had to pull their own weight in order to make the event go smoothly. For example, as a preparation procedure for the conference, the students were each required to write a one page position paper, and to prepare an introduction speech for the country they were representing. The content of the speech and the paper required the students to do research on their countries, since they needed to be aware of how the countries deal with the issues given to them in the real world. There were three different councils that the students were divided into. They all dealt with different issues, such as conflicts around the world and energy consumption. However, there were plenty of breaks to let the attendees get a chance to socialise as well.

In the evening, after the sessions had finished for the day, the attendees would go out to socialise and have fun. However, it was not uncommon for some of the issues discussed during the day to be brought up again in the evening. From this we can conclude that MUN was truly an impactful event and much liked among the students of our school.





How to Save Money and What to Do Next?

By Jędrzej Niepolski, DPlA

What in fact does retrenching mean? It is nothing else than spending less than you earn. To save more money you have to either earn more with the same spending or spend less with the same earnings. Thanks to this you may extend your wealth, so everything what has a physical or nonphysical value for you. Basing my article on books written by Doug Casey I would like to present you four easy steps which everybody is able to take up to start saving money and to achieve wealth.



COST-CUTTING

First of all, you just have to simply look around and sell everything what you do not need. It can turn out that you have a lot of things which you do not longer use. Maybe you have bought them on impulse and you do not need them any more. A lot of stuff loses its value if you only keep its in your garage or attic. Exchange these things for money. Consequently, you might collect a fair amount of money. It is also really important to cut all

unnecessary regular costs. Maybe you have a television subscription which is not needed as you simply do not watch so many TV programs. It is worth to mention that your car may use too much fuel. Therefore, it might be better to change your transport for a bicycle or a tram. Finally, what is the most important matter, pay off all your debts which you have incurred for consumable purposes. As a result, you will reduce your spending and start saving money.

CONSOLIDATION

When you finally collect all the money from cutting the costs you can move on to the next step, so to consolidation. Right now you have more money and fewer unimportant things. This is the best time to get your assets together. You should think which resources you already have. You have to determine: what skills you have, who you know, what you like doing and finally what you do better than the others. Find out which of these resources you can develop and start doing it. Maybe you ought to learn or train something to simply be better at it and to make your resources stronger.



CREATION

Now you have money and appropriate, well developed resources. It is high time to start earning more. You can for instance demand a rise or look for a better paid job as you have extended your value on the labour market. If you want to decide about yourself in every possible aspect, maybe it is better to think about self-employment. The most valuable activity is the one which you not only like but also gives you a high profit. It is worth to remember that people's demand is unlimited. It is possible that the thing which people

around you really need exists and you can provide it to them. It can be either a product or a service, something what makes them happy or gives them more freedom. If you offer the society a thing which is valuable, you will be given a lot of money for sure.

INVESTMENT

On the last step we assume that you are already rich. Now, you have to do your best to expand your wealth. It is worth to know that if you only keep your money in a pocket, inflation will decrease your assets. Thus, you should manage your capital to make it work for you. As we know when profit from capital is higher than spending, we achieve financial freedom.

I hope that after reading this article you will find out how to save money and what to do next. Start retrenching and give us products or services that we all really need. Following these four steps: cost-cutting, consolidation, creation and investment it will be easier for sure. What is your opinion in this matter? Maybe you know any other, additional tip? If you would like to, please, share it with me at 2001.jedrzej.niepolski@isop.pl



Ejlub Ebook Project - What Is It Exactly?



This year our school participated in the sixth Ejlub ebook Project in Krems. We spent a week in a small town in Lower Austria, speaking German, writing and meeting new people. But that's only a brief description of what actually happened there.

Project - by Monika Komar, DPIII

Everything starts with the travel. And let me tell you, it is not a piece of cake.

We began our journey on the Poznań Main Station on Friday, June 29. From there we took a four hour ride to Warsaw. After we got to the capital, the real fun began. We had to get to our next train - to Vienna. And it was not your typical train - it was the sleeping train. And for someone who has never slept in one of those, it was an experience. But it's definitely something everyone should try at least once in their life. After spending the night on the train, we woke up at 7 am to a beautiful view of Vienna. After a quick breakfast and wash-up on the station, we left to explore the town. We walked around Vienna for a couple of hours, visiting some of its most famous landmarks, like the Prunksaal - the most beautiful library I have ever seen. Then it was time to go back on the road. We collected our baggage and caught a train to our final destination - Krems.

After we arrived it was time to start the project. And the first thing was the rooms. The general plan of the project is to integrate European youth. And that starts with the accommodations. Every room was international, which means you had people from different countries around you all the time. And that's another interesting experience.

After getting settled in it's time to decide what it is you want to do. This year we had three options: Ebook, Werte and Film. Ebook workshop is the original project, the one which started it all. It divides into three further groups, which write texts on three different topics which are later assembled into an Ebook. This year's topics were: Could I do without freedom?, Life in 15 Years and Democracy vs Dictatorship. After choosing your topic you have to decide whether you'd like to write a literary or an academic text. The next possibility is the Werte workshop. That one is all about talking. The main idea is that the people who have already taken part in the Ebook workshop can do something else. They talk about values, which are important to contemporary Europe, and issues which may be present in our culture. The last possible project is the Film workshop. It's the new addition to the camp. As the name suggests, its main idea is to create a movie, and this year's creation was about a blind photographer. As you can see, there's a lot to choose from.

A week passes, the work is intertwined with trips and group outings, and the fruits of our hard work are presented during an official dinner with EU's representatives and local politicians. Then it's time to say our goodbyes. The next day we packed our bags

and went to Vienna, where we spent another day sightseeing and exploring. We finished the day off by going to the famous Prater and satiating our risk-taker needs. Then was back on the sleeping train and after glorious 17 hours we were back home.

Ejlub week – film project - Joanna Rosik, DPIII



Ejlub week took place in Krems in Austria at the beginning of July. Participants from different countries collaborated in three projects. One of which was a film project. The idea was to make a short 5-10 min creative film. Our group of 10 people from Austria, Bulgaria, Poland, France, Germany and Czech, managed by Iliana world famous director and Senad director of Okto television in Krems had an opportunity to work on the project. It begun with Senad seminary during which we learned theory of filming. Each of participants got professional equipment and was to prepare a short 2-3 minutes clip about him/herself, aim of this activity was to introduce as to the world of filming. Another four days we devoted to the production of our collaborative work. We invented four scenes script and each member of a team had different role in each scene, aim of such division was to gain as much of practical knowledge as possible.

I was given sounding, direction, post production and acting. Work on this project was extremely intensive and it was a lot to do thus we learned why good films take few years to be filmed. Our work was made into a film on Youtube, which I strongly recommend to see.

<https://www.youtube.com/watch?v=II052dRhmK4&feature=youtu.be>

It's been six years since Ms. Musiał took a group of learners to Krems an der Donau. I had the pleasure to be there for the second time. This time, however, it was slightly different from previous years as the project constantly develops and Mrs. Veronica Trubel, the leader, is unpredictable.

Fortunately, my favorite part of the project which is the International Dinner was included in the project. This is the best thing there could be!!! We tried many traditional dishes from the countries involved in the project. We also made a traditional polish dish - pierogi. People liked it a lot... However, we wouldn't be ourselves if we hadn't done any joke related to it... We prepared a special pieróg, which contained only the dough and we still don't know who ate it and whether it was tasty or not. The other funny part of the project was going to the Karikatur museum in Krems. There were many different paintings and pictures which we discussed together with the group and the

guide. The one which I liked the most was in general a picture of the 'walk of pride.' However, I think that the artist wanted to show a greater problem that exists nowadays by presenting how different people could be and that we need to respect one another, even though someone may be a drag queen,



homosexual, disabled or of a different colour. This was only what was in the first room of the museum, later we had a drawing lesson. It was a great experience to be there among the international people, because it taught us what we focus on comparing to the others.

Now you can see why I wanted to go there for the second time, which is why I recommend you all to go there and experience the various activities and cultures. Moreover, you can write it in your personal statement and it can be a part of your CAS, too!

EVN trip- Energy from the Lower Austria - by Weronika Miniach, DP111

On the first of June the German group of ISO-P had the opportunity to visit a thermal power station - EVN in a city called Theiss located in the federal state of lower Austria. There we took part in a guided tour of the powerhouse in order to see how it really functions and provides Krems an der Donau with sustainable electricity. After the tour a professional presentation about the reactors used in the power system took place where the participants could hold the gas turbines and estimate the surprising prices of them. The presentation was followed with a delicious dinner where we all enjoyed the variety of dishes served. Later on, the group took part in a disco organized in the powerhouse where music from all countries was played in order to get to know a bit more about the cultures of all project participants. Summing up, we all found the trip to EVN to be very informative and eye-opening about the operating of the power station. Moreover, it was a great opportunity to socialize with the whole ELJUB group.

Museum Gugging - by Adam Giżewski, DP111

Museum Gugging is a Psychiatric Clinic that uses non-standard methods of treatment, based on art therapy. Initially, the house was an orphanage, however, during the Nazi Regime, an orphanage became a mental hospital where a significant number of patients were killed as the Nazi Regime Euthanasia Program (Wikipedia). Eventually, psychiatrist Leo Navratil introduced the mentioned method, that compromises drawings of sick patients. Nowadays the clinic is divided into several segments, which include mainly living area for a maximum number of 14 patients (they change after one year) and exhibition. During our visit, we were first introduced to the history of the place and Art Brut (Brut as very a dry variety of champagne) as an international art movement. This kind of art movement is done very casually, naturally without any pressure from current world trends. It reflects a person and his/her problems as it is, showing

the pure truth of emotional state. Nowadays, works of patients are respected and because of high demand, there are auctions organized, from which half of the money is taken by artist and half by the museum. We strongly recommend visiting this place as a completely different kind of place of art.

Von dem 29. Juni bis 8. Juli war ich mit meinem Schulfreunden in Österreich bei der Europäischen Jugendbegegnung. Die Reise war sehr lang aber sehr lustig. Wir sind mit dem Zug gereist und selbst der Zug war schon eine Attraktion für uns. Schade, dass die Klimaanlage nicht funktioniert hat. Wir haben in Krems an der Donau übernachtet. In Krems gibt es einen schönen Strand an der Donau und wir sind dorthin einmal gefahren. Es gab alle Jugendlichen aus anderen Ländern. Wir haben uns am Strand getroffen. Unsere Gruppe hat in der Donau gebadet. Es war sonnig und heiß. Gleich bei dem Strand standen viele Restaurants und Cafes in denen viele Geste saßen. Am letzten Tag vor der Abreise besichtigen wir das Kunst Historisches Museum in Wien. Es gibt in diesem Museum eine sammlung der Werke von Gustav Klimt. Wir haben das bekannteste Gemälde von Gustav Klimt gesehen unter dem Titel „der Kuss“. Der Aufenthalt war sehr enddrucksvoll.

The Last Day of Fun - by Minji Park, DP111

The last of the camp was pretty remarkable. After lunch and free time, we were taken by bus to the ship docks at the banks of the Danube. We were given an additional hour to sit around before the ship arrived. When the ship arrived we were finally let on board and shortly we took off. The ferry fought the current of the river and took us up the stream to the town of Spitz in the Wachau region which is on the UNESCO heritage list. On the way, we took a lot of pictures and had amazing views of the castles and monasteries along the river. After the incredible trip, we were taken to a restaurant near the ferry stop. With the Marrillenektar in our glasses, we welcomed the local politicians who were responsible for such projects as ours in the EU. Those officials expressed they appreciation towards our work and said a lot of good words about the project. We had a lot of pictures taken and listened to a brief summary of our works. In great hunger we watching the pictures and the movie summarizing the camp. Finally, after thanking the organizers of the project we were allowed to eat. The delicious food was gone in minutes after it was brought in a form of a buffet. After finishing the food, making loads of pictures and saying last thanks to the organizers, we were taken back by bus to our place of living. Though it was late and we had to wake up early the next day, we still had a lot of fun talking with the other participants of the program. That was our last day of fun in Austria.



Berlin Trip



Berlin's Interactive Museum and My First Kebab - by Dominika Dołęga-Mostowska, DPIII

During last week of school last academic year we - meaning then the IBII German group - went on a two-day trip to Berlin. In a morning of a second day Ms. Magdalena Musiał, our German Teacher, took us to an interactive museum called The Story of Berlin. Fortunately, this was not a boring history museum. In the first sector, there was a corridor with a timeline with historical events on it but there was also shown improvement and development of fields such as sport, medicine and architecture. There were also more interesting rooms like an old cinema or room with old cars. Our favourite was second floor on which there were rooms with old furniture which showed the standard of German living in the 1960s. There were shown a lot of components of the German culture in a creative way. We could take loads of cool pictures there. Afterwards, the guide took us to the real nuclear bomb shelter located in the basement of the building. We had a great tour there but I imagine the stay there to be very depressing. Additionally, one of the highlights of the trip was my first ever kebab. Ms. Musiał especially for the occasion took us to the best kebab place in Berlin and it was very tasty. We would like to thank Ms. Musiał for the trip.



Theatre - by Monika Komar, DPIII

The Threepenny Opera played in the Bertolt Brecht's theatre is quite an experience. From the theatre's exterior, which makes you feel as if a 20th century lord could walk right past you. Once we came into the auditorium we saw a white screen with the play's title projected onto it. The play starts with a speaker announcing the play's main character, Mackie Messer (by Mackie the Knife), whose appearance on the stage



is predeceased by the performance of the most famous song from the opera: Mackie Messer. The theatricality of the event was reflected in that first scene, where all the characters paraded through the scene wearing their costumes and the expressive makeup. Similarly, during the halftime break, instead of the stage going dark, one of the actors, a beggar staid on the stage, waiting as if expecting someone to take pity and give him some change. The theatricality of the play was also helpful in understanding the play, which was performed in its original language - German. The play was delightful to watch, however, there was one great drawback: the lack of air. I love theatre, and believe me I loved the play, but I had trouble convincing myself to get back to the building after the break. Despite my, and my colleagues vigorous fanning we were gasping for air for the entire time we spent inside. And let me tell you the persistent clapping of the German audience did not help our patience - we were ready to leave two minutes after the show ended, yet

the applause seemed to last forever. But there was a light at the end of the tunnel: after the play we enjoyed a cold drink and a kebab.

From Monet to Kandinsky - by Julia Danieluk, DPIII

During the second day of the fastest sightseeing tour of Berlin, surprisingly only the non-partying side of it, we visited Alte Münze Museum. We couldn't be more mistaken. Unfortunately, enormous queues to paintings, silence and creepy guards is not something we could experience. Ms Musiał made sure of it. She took us to the temporary multimedia show titled: From Monet to Kandinsky, which displayed the most famous and inspiring masters of modernism: Claude Monet, Gustav Klimt, Paul Signac, Vincent Van Gogh, Pierre August Renoir, Paul Klee, Edward Munch and Wassily Kandinsky. I decided to list only my absolute favourite but, if you are curious, you can search for more. The display was accompanied by the instrumental music such as: The Cello Song by The Piano Guys or Ashran by Il Mostro. The paintings were moving in the rhythm of music specially chosen for each painting in order to express the artist's thoughts and create the unique world in which the audience could develop a thread of understanding with the artists both musicians and painters. Ms Musiał quoted once French philosopher



Joseph Joubert: "Zeichnen ist Sprache für die Augen, Sprache ist Malerei für das Ohr." Therefore, in my opinion combination of music and paintings is ideal and the show made huge impression on me and other students.

Berlin Viewing Points - Hubert Sokołowski, DPIII

During the trip, we visited two amazing viewing points at the Reichstag and near Potsdamer Platz (Kollhof-Tower). Firstly, we visited the Reichstag where we walked



around the magnificent dome with a 360-degree view of the city. The audio guide, which gave us a lot of new information about the symbolic buildings, was a useful addition to the walk up the dome. The weather allowed us to take a lot of pictures, believe me - a lot. Despite the lovely views from the Reichstag, we were attracted to the nearest bakery of freshly glazed Dunkin' Donuts, which turned out to be awful in Berlin's making. After devouring the disappointing DDs we later on headed towards the well-known Potsdamer Platz. We took the lift ride up the Kollhof-Tower, which was supposed to be the fastest in Europe. Sadly, the fast lift was under maintenance and we had to take a much slower one. The views atop the tower were incomparable to the views from the Reichstag, as we saw a different part of the city. All in all, we saw Berlin from the sky, from the streets and in the artist's perspective (admiring the Asisi panorama of the city), which is more than others can say for it.





Christmas Is Coming

By Juuso Savolainen DPilla

As we can see from the weather, the dark and cold winter is slowly creeping up to us. However, not all hope is lost. There is surely at least one thing for all of us to bring us warmth in these cold times. It is the favourite time of the year for many people, better known as Christmas.

The great thing about Christmas is that it is different for every individual and culture around the world. Generally, Christmas is celebrated with close friends and family. People get together, exchange gifts, eat, and have fun together. However, some cultures have really exceptional traditions. Here are a few:

- In Austria, before Christmas, on the St. Nicholas day, people dress as an evil beast-like demon called Krampus. If children do not behave well, it is said that Krampus will come and put them in his sack as a punishment. If the children behave well, they get rewarded by his good-willed counterpart, St. Nicholas.

- In the Philippines, people have a competition on who can make the greatest lantern. It is called the Giant Lantern Festival (Ligligan Parul Sampernandu). It is held annually on the Saturday of the week right before Christmas. The largest lanterns created by the contestants have been measured to be over six metres in diameter. They often have electric lights, which enables them to be really colourful as well.

- In Norway, the preparation for Christmas is a bit more toned down. Before Christmas, if you look closely, you will not find a broom anywhere. People do not hide them for the sake of cleaning, but because they believe that witches will take the brooms and ride them. Therefore, if the brooms are hidden, everyone will have a happy and safe Christmas.

Christmas is coming soon, so remember to be nice to everyone and enjoy the festive time!