



4Hands

INTERNATIONAL SCHOOL OF POZNAN



Frida Kahlo Week Nov. 20 - 24

NEW STAFF



Paul Newsham - History

I'm from Manchester in the UK and came to Poland to get some teaching experience abroad. My plan was to return home after a year or two but I fell in love with Poznan so much that I'm still here after many years. I teach History and English at UAM (Adam Mickiewicz University) and this is also my first year teaching History at ISO-P - a very different but fun experience. Apart from history, I'm also passionate about sports and play football, tennis and golf regularly. I also love to travel and find out about the history and culture of different places around the world.

Katarzyna Adamska - PYP ICT

My name is Kasia and I'm your new PYP ICT teacher. Foreign languages, computers, and coffee are the things that make me happy! When I travel I like to visit the most popular coffee shops in every city and try their best coffee. I love spending time with other people and riding my bike. Recently I've been trying to learn how to knit and take good photos. I hope we will have a wonderful time during our classes together!



Patrycja Straub - Music Teacher

I am a music teacher who joined the ISO-P Team last September. Even though our international students speak many different languages, I am really happy to show them that there is one language that everyone understands – music. I have been exploring this versatility of music ever since my childhood. I have always been keen on playing instruments, singing and dancing. What is my everyday purpose? Make people around me feel good and always try new things!

Joanna Ciszewska-Marciniak - Science, Biology

Hi! My name is Joanna Ciszewska - Marciniak and I am the new Science and Biology teacher at ISO-P. I graduated from Poznan University of Life Sciences and I obtained Ph.D. degree at the Institute of Plant Genetics Polish Academy of Sciences in Poznan. I am fond of genetics and molecular biology and also like travelling, skiing and playing board games. I am a mom of two children.



Stephen O'Connor - Math

Hi, Stephen O'Connor here from Ireland again! I am delighted that life has brought me back for a second year to teach Mathematics in ISO-P. Last year was a great experience and this year is proving to be exactly the same! I would like to say a massive "go raibh maith agat" to everyone for welcoming me back! Best wishes to all.

**Bartosz Jadziński - PYP**

My name is Bartosz Jadziński. I have been a teacher for 6 years. I like my job very much because it gives me an opportunity to work with people. I simply enjoy sharing my knowledge and passion with children. After work I spend time on doing sports, taking care of healthy lifestyle, watching movies and travelling. I always like to believe in people's best, so I always say that we can either fear the future or embrace it. We are the ones who choose.

Katarzyna Milejczak - Nurse

I like to blaze new trails and give myself new goals - that is why I am here! Helping others is my real passion...as well as talking. But I also can listen to others, which is really helpful in my profession. When not at work, I spend time with my daughter Janka, G3b. From physical activities, I more often choose to read a book than to play tennis. I also entertain my friends with my sense of humor...inspiration comes from real life!

**Natalia Rolicz - PYP Common Room**

A teacher, a mum, a wife, a sister, a daughter, a neighbour, a hair-care aficionado and the greatest fan of my children's laughter. Some say I could be called the world's leading authority on improvising rhymed texts but I rarely admit that, winning laurels of this world being not my goal at all. My dreams-to-make-come-true-list is edited every single day: three of them were fulfilled on the birthdays of my three sons, and number four - having a Great Dane - came into being just a few weeks ago, which I appreciate during our (too-)early-morning walks. The most exciting evening of my life was probably the one on which I saw a live performance of „Mamma Mia” on London's very own West

End. You might find interesting that since my younger, vulnerable years until today, my hairstyles have been representing my musical taste: from Guns'n'Roses through Metallica until Abba and, at the present moment, a rich repertoire of nursery rhymes. If I were to choose between Monica Bellucci and Meryl Streep, the eternity wouldn't suffice for me to make up my mind. However, if I had to choose only one amongst all of the world's big-screen heroes, I would definitely go for Peppa Pig.

Anna Dąbek - English, Literature

My name is Anna Dąbek and some of you probably remember me. I am delighted to be back after maternity leave. I am very excited to meet you during Literature, Writing and English lessons and hope to share my passion for the language and maybe inspire some of you to explore the amazing world of books.

My favorite book is the *Lord of the Rings* and my favorite character is Scarlett O'Hara from *Gone with the Wind*. In my free time I like crafting and cooking.

Word foreign to me:

“Impossible”, quoting Audrey Hepburn: “Nothing is impossible, the word itself says I'm possible.”

Favorite quote:

“If you fail to plan, you are planning to fail!” by B. Franklin.



Aloha ISoP!

By Katarzyna Magierska, K1 Teacher

This school year's first party in K1 was connected to our classroom theme Tropical Island. On Friday, September 14, we organized an amazing LUAU PARTY, which was accompanied by delicious snacks and fantastic tropical outfits of all K1 students. The smell of fresh pineapples, strawberries, grapes and oranges was in the air. The children had fun eating other healthy snacks. They also enjoyed dancing the limbo dance and playing musical chairs.

As all K1 students are new to ISoP, we are more than happy to have started our school year in great spirit, happiness and smiles.



Lego club



By Agata Brzezińska, G1 Teacher

Our LEGO Clubs meet on Mondays and Tuesdays. But we do not just simply build things out of LEGOs. We actually create stories and build story settings out of LEGOs.

During every meeting students are given instruction regarding the mood and the setting of the story. The plot depends on them: and here we go - the students come up with marvelous ideas! In the end, they present their creative stories to the rest of the group, which is a good way to practice their speaking skills. Well done, my LEGO fans!

G5's - What a week!

By Jakub Nowicki and Ms. Karolina Kajzer, G5a

In the second week of October, both G5 classes visited Archeological Museum in Poznań. We also went to the Cytradela Park.

On Tuesday, October 10, we went to the Museum in the centre of Poznan and we learned a lot of new things, mainly about Vikings. We got to know that they were great storytellers, craftsmen, sailors and soldiers. We even played a Viking game! We also revised some material connected with Ancient Civilizations, especially Egypt. It was very

interesting to find out new facts about our ancestors and inventors of today's world.

Then, on Friday, October 13, we went to the Cytradela Park with our friendly teachers: Miss Karolina Kajzer, Mrs. Katarzyna Tabin, Mr. Bartosz Jadziński and our P.E. master - Mr. Michał Pyda, who organized it for us. The point of the trip, which was actually a scavenger hunt, was to find different artefacts hidden around the park by working with a map and compass. It was a race and the Banana Team won, but all of us had loads of fun and we loved it there!



Horse Riding

The final of the WKKW Poland Cup took place September 29-October 1, 2017, in Baborowko. Gabriela Kozłowska, G7a, placed second in L class and she won a silver medal in the Junior WKKW Poland Cup. Congratulations Gabrysia!



Volunteering

Max Mikulski, IBla, volunteered at the 18. PKO Poznań Marathon on Sunday, October 15, 2017. Great job, Max!

Various Sports

Natasza Sowińska, G6a, is a multi-talented athlete. She swims, skis, rock climbs, rides horses and trains Crossfit (including weight-lifting!). Great job, Natasza!



Sailing

Jan Wiktowiak, G7b, is a member of the Jacht Klub Wielkopolska, and takes part in sailing competitions in Poland and abroad.



Cross Country

By Mr. Michał Pyda, PE Teacher

The athletics camp took place in October (6-8.10.) in Wągrowiec where our team of athletes had great facilities to practise. We had three workouts per day, including long distance running and track running, which gave us about +30 000 steps a day. The camp was a last step in preparation before the State Cross Country Championships.

Then on Thursday, October 12, our girls' team took part in the State Cross Country Championships and we finished fifth in the Wielkopolska State! **Congratulations ISoP Girls' Cross Country Team!!!**



Badminton Champions

By Michał Pyda, PE Teacher

Our men's badminton team has won the Poznan Badminton Championships!

The final took place on Thursday, November 16, at the Fabianowo Rec Center where our team played three other schools. We scored 3-0! Our

team - Capitan Kajetan Jeziak, GIII; Marcin Glaser, GIII; Maurycy Gawłowski, G10, were unchallenged and won all their matches.

By becoming champions in Poznan, we have qualified to the State Championships, which we have already started practicing for. Keep your fingers crossed!



ISoP Students at the Polish Inline Alpine Championships

By Hubert Żyski, G5b

On Saturday, September 30, near Rokietnica, on a technical road by the highway, there was the most important event of Polish inline alpine in 2017. There were 60 participants from all around Poland. Three participants were from ISoP: Antoni Potrykowski, G5b, Hubert Żyski, G5b, and Antoni Tokarczuk, G3a.

Inline alpine is a sport where you skate between poles on the steepy road and it's very fast. It's a sport mostly for skiers and ice skaters so they can practice during summer. In Polish the sport is called: wrotkarstwo alpejskie. Everyone looks cosmic because they wear motorbike protection as armour.

The event near Rokietnica was the final of

five smaller events that took place three times in Warsaw, once in Bielsko Biała and once near Kraków. It was the most important because it was the Polish championship. There was even a sausage stand and a pea soup was served! All results were written on our school's flipchart that ISoP let us use. Almost everything was done by the parents of the kids who are in a ski club that is called Wielkopolski Klub Sportowy Poznań-Ski.



Antoni Potrykowski, G5b, placed second in the Junior D category; Hubert Żyski, G5b, placed fourth in the Junior D category; and Antoni Tokarczuk, G3a, placed fifth in the Junior E category.

Everybody had fun and even Pola Tokarczuk from K1 was running and cheering everybody up. Her dad was also taking pictures.

Karate

On Saturday, November 18, five International School of Poznan students, who attend our own Karate Club at school, took part in the karate tournament organized in Kobylnica under Sensei Adrian Dabek's supervision (Otwarte Mistrzostwa Powiatu Poznanskiego w Karate WKF). Everyone tried their strengths in kata (a series of techniques) and additionally two of them started in kumite (fighting). The kata challenge had a lot of talent and the opportunity for a medal was missed



by a close call. During kumite Filip Kajzer and Mikolaj Nowak, both G10 students, managed to hold their own and both won the bronze medal in their respective groups. Congratulations to these two students and to Jan Wlodarek, G10; Jakub Rejek, G10; and Kalina Grygier, G7a; who also did their best.

Basketball

On Thursday, November 16, the International School of Poznan Rams Basketball Team took part in the first stage of the High School Basketball Games Tournament (Licealiada). A lot of time and practice went into preparing for this tournament. Coached by Mr. Adrian Dabek, the team was confident to be able to advance to the second stage and fought valiantly, but in the end a few minor factors got in the way and the Rams had to settle with elimination. Congratulations for giving 100% go to the whole team and we wish you better luck next time.



ISoP Rams: Robert Chełstowski, IB1b; Jan Dreas, 0; Juliusz Gulewicz, IB1a; Sinjae Kang, IB11b; Tzu-Hsuan (Mason) Lin, IB11b; Antoni Łojewski, IB1b; Aleksander Sitarski, IB11a; Filip Stankowiak, IB11b; Yi-Kai (Kevin) Wang, IB1a; and Yeh-Wen (Darren) Wu, IB1a.



Tennis

Odo Czapracki, G6b, continues his tennis carrier. In July he placed second in doubles at the OTK Juniors in Zielona Góra. In August, he finished third at the Family Tennis Cup Under 12. In September he placed third in singles and second in doubles at the Wielkopolska Championships Under 12 in Opalenica. Also in September he got third place in doubles a the OTK Juniors in Złotoryja.

Odo has now an official sponsor - BMW Olszowiec - a BMW dealership in Poznań!



G1s in the Library



By Agata Brzezińska, G1 Teacher

Do you like listening to stories read to you by your mum or dad? Who doesn't, right? That is why Miss Clara came up with a great idea. Every Friday at 8.15 in the morning, G1 students walk downstairs to the school library, sit down on the comfortable red couches there and listen to stories read to them by parent volunteers. We would like to



extend our big thanks to Austin Campbell (Nadia's dad), Neill O'Byrne (Jim's dad), Natalia Drzazga-Karlewicz (Wini's mum) and Justyna Ellens (Laurien's mum). The students LOVED it! If you would like to spend time with the G1s and read or tell us some stories, please contact the G1 homeroom teachers to schedule. Please, do not hesitate! You can choose a book or ask the teachers to recommend one.



Marceliński Forest

On Friday, October 22, G1 students went to Lasek Marceliński for a scavenger hunt. A scavenger hunt is a game, in which the organizers prepare a list defining specific items, which the participants seek to gather.

As the Central Idea of our first Unit of Inquiry is *Our Host Country Has Its Own Unique Physical Features and Heritage*, students learned about trees and animals typical to Poland. During the scavengers hunt, they were supposed to find particular kinds of leaves, insects and little animals that typically live in a Polish forest. Both G1s were divided into groups guided by teachers and parent volunteers. What was more exciting, the students went to the forest by public transportation. It was a great experience!

Big thanks to Mrs. Justyna Elnur (Dalia, G1a) and Mrs. Sylwia Rybarska (Jakub, G1a) as well as Mrs. Joanna Michałowska (Helena, G1b) and Mrs. Kim Yeoun Kyeoung (Subin Lim, G1b), who volunteered to chaperon our students.





G1's Unit of Inquiry about Poland

By Ms. Agata Brzezińska, G1 Teacher

As part of our Unit of Inquiry *Our Host Country Has Its Own Unique Physical Features and Heritage*, G1 students invited guest speakers to our classrooms.

Mazury

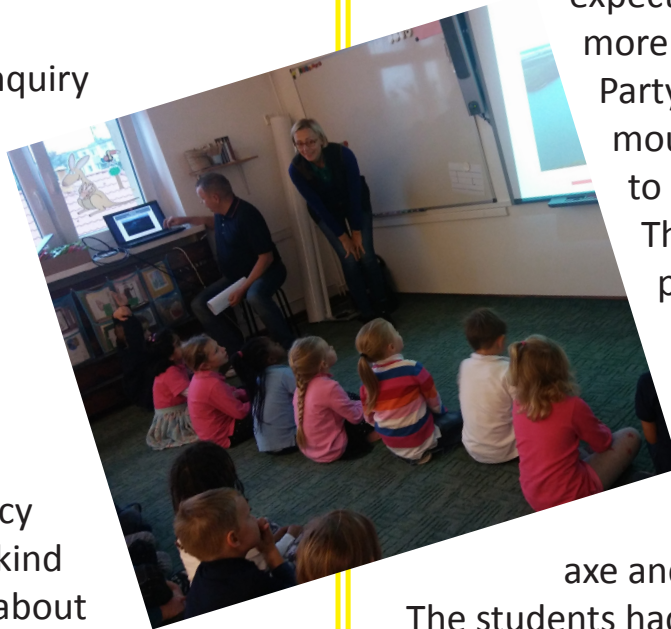
Mr. and Mrs. Tomikowscy (Nina, G1a), were very kind to come and talk to us about a very picturesque region of Poland: Mazury. This is a region with a tremendous number of forests, lakes and sailing boats. You can swim, sail, relax and enjoy the breathtaking views. Nina's parents showed us beautiful photos, told us about various ways of spending vacation there and recommended many places worth visiting. Thank you for coming!

Mountains

As part of the unit, we studied the characteristics of the Polish landscape. G1 students know that different regions on a map are marked with different colours: green for lowlands, yellow for highlands

and brown for mountains. Students got really interested in the topic of mountains. They asked many questions: what do you need to take with you when you plan to climb the mountains? What are the weather conditions and what to expect up there? And many more! Luckily Mr. Bogusław Partyka, an expert on mountain climbing, came to our classrooms on Thursday, October 5. He presented and explained professional equipment to the students, e.g. harness, ropes, carabiner, crampons, helmet, shovel, ice axe and many other things.

The students had a chance to touch and even try on some of the equipment. Mr. Partyka also showed beautiful photos taken in the Polish mountains, talked about the weather conditions, which can change every hour, and reminded the students about staying safe in the mountains. Thank you very much for visiting our class!



G1s at the Rogalowe Museum



dialect. It was a great experience to listen to someone speaking an original Poznan dialect. Even if we did not understand every word, we certainly had a lot of fun. We visited a beautiful, renaissance tenement house right



By Agata Brzezińska, G1 Teacher

On Friday, October 6, G1 students, as part of our Unit of Inquiry about Poland, had a chance to take part in a fantastic trip to Rogalowe Museum in Poznań, which is located at the Old Market Square. The students were invited to see a show, which revealed the secrets of the Saint Martin Croissants (or Rogale in Polish) and other Poznań's prides, e.g. Poznań



opposite the City Hall.

The students also took part in a Saint Martin Croissants workshop: they prepared the dough, rolled it, prepared the filling and made the croissants.

All of the students enjoyed this hands-on experience. In the end we tasted the croissants. It was a yummy visit!



Thank you PTA

for

delicious rogale

served to us

on St. Martin's Day!



K2b – “Family” Breakfast

By Monika Młodystach, K2b Teacher

To sum up our first Unit of Inquiry about family relationships, we organized a special breakfast in our classroom. Everyone brought their favorite food to share. We prepared delicious sandwiches with cheese, boiled eggs, ham and fresh vegetables. Before that,

we enjoyed going shopping together. In the nearby shop everyone chose their favorite bread rolls. It was a wonderful experience and we are looking forward to doing it one more time in the future!



G2's Unit of Inquiry: *All Communities Develop Rules That Help Them Work*

Street Signs

By Alicja Kabacińska, G2a

On Monday, October 9, G2 students conducted a research about road rules. We walked outside the school and looked for the street signs. There are lots of rules!



Table Manners

By Ignacy Kulesza, G2a

On Thursday, October 12, G2a students were learning about table manners.

Table manners are:

Wash your hands.

Sit up straight.

Wipe your mouth with a napkin after eating.

Use fork and knife, if needed.

Ask politely if you need something (May I ?, please).

Don't talk with your mouth full.

Take small bites.

Stay quiet by the table.

Don't speak rude of the food that was served.

Clean up after eating.

We all should follow these rules.



G3's Trip to the Zoo

On Monday, October 16, G3 students, as a form of provocation, went on a field trip to the Zoo. The trip was connected to our new Unit of Inquiry about habitats. The students had a chance to take part in a guided tour and learn many facts about animals. The junior explorers were given special detective notebooks in which they had to note down what they found out about various habitats, animals and plants.

You are a Zoo Detective!

Use the clues you find at the zoo today, to find out which habitats are best for each animal.



The World Multiplication Table Day

By Aleksandra Dejewska, Math Teacher

On Friday, September 29, a great international educational happening took place called The World Multiplication Table Day. The aim of this event is to test the knowledge of the multiplication table of the participants. We revised the multiplication table, solved riddles and even played math games during PE lessons, for example mathematical soccer and queen of the jump rope. We had lots of fun!

G4's Challenges



By Monika Kasior, G4 Teacher

On Wednesday, September 6, G4 students spent their lessons outside the school building. They were divided into teams and asked to search the school yard for pieces of paper with 20 different challenges for each group. The tasks were connected to language, PYP attitudes and attributes. There were a lot of Math problems to solve or riddles to figure out. It was entertaining, funny and eye-opening. The students showed a lot of commitment, cooperation, enthusiasm, confidence and creativity. The task turned out to be great fun for all of them as well!

Here are some examples of the challenges:

Find three objects with the right angle on the playground.

What is at the end of a rainbow?

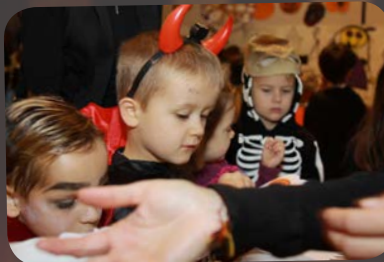
Describe a happy person.

What PYP attitudes do you show?

Using only addition, how do you add eight 8s and get the number 1000?



Halloween

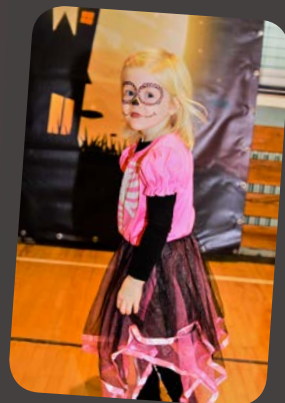
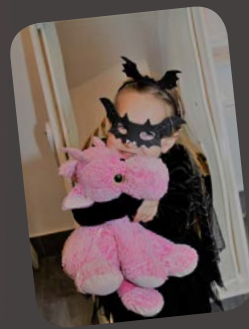


By the Newspaper Club

On Halloween our corridors were crowded by many scary creatures! Main attractions included the Mirror Room, the Scientist Room and the scary playground in the gym. We could see ourselves in funny mirrors that make you look really thin or really short, we took part in impressive and exciting science experiments and we played different games organised by our parents. In our classrooms we carved pumpkins while eating delicious treats. It was a fun and happy day - thank you PTA for organising the event!



Nov. 3 Halloween





Mythology

By Ms. Katarzyna Ramicka and Mrs. Sylwia Kołodziejczyk, Polish Teachers

In the first weeks of the school year, together with both G6 students we covered mythology in our Polish lessons and took virtual tours of the Ancient Greece. We hosted a Greek Feast - each of the students dressed as one of the Olympian Gods and prepared original Greek dishes. We also went to the National Museum in Poznan and took part in mythology themed workshops there.

Below you'll find poems written

by G7a students.

All of them tell you a story about fire

– sometimes seen as a destructive force,

other times as something warm and cosy :)

Enjoy!

THE FIRE by Mikołaj Piasny

It's beautiful,
it's not always friendly,
well, sometimes it can be quite
deadly.

The fire is gentle, yet
wicked inside, especially when
its flames are to bite.

Its teeth are sharp
and create heat on their edges
so when you get bitten
you scream that it tortures
the angels from heaven

Yet, don't worry.
The fire isn't only villainous
It also is a gift from Prometheus.

FIRE by Lena Matoga

Fire –
a two-faced creature,
one face is angry,
and looks like a beast,
it burns,
it screams,
and it swallows
everything it meets.
Be aware,
of this face,
as it can catch up with your pace.

And there comes another face.
This one is
gentle like a butterfly,
and beautiful like the night sky,
it's cosy
it's warm,
but be careful,
It may transform!

FIRE by Timo Lambser

The fire is alive
It dances in the dark like a cougar so wild
It is warm, so warm, so warm
Warmer than anything you can think of

If you feed it, it grows big
So big, so big, bigger than the biggest
skyscraper in the world

It crackles so cheerfully, so cheerfully
Like a golden bell in the winter

It is bright, so bright, so bright,
As bright as a warm light on a creepy night

It flickers so lively, so lively,
As lively as a child's laugh on a playground

But it's destructive, so destructive, so
destructive,
As a remediless disease.

FIRE IN OUR CITY! by Julia Bush

The flames they rose
as high as the sky,
people have no hope,
screaming, wanting
to die.

The fire was as hot
as the blistering sun
the fire spread
rapidly, as quick
as a bullet fired
from a gun.

The fire left soot
and tons of ashes
the people had scars
and loads of gushes.

After the fire, people took pity,
knowing the rebellious red flames
would attack another CITY!

A BONdFIRE by Claudia Ramirez

The fire crackled like an evil witch
And my marshmellow oozed as I took it off the
stick

My friends and I all gathered around
To hear the fire's sweet, spooky sound.

We told eachother amusing stories
We also discussed our worst worries
As we wolfed down our marshmallows freshly
made
We noticed that the sun had quickly faded
away.

That fire was warm and it filled the night with
glee
It aided to the wonderful night to a certain
degree
As the wind blew harder and the fire got old
We decided to go inside where it wouldn't be
so cold.

THE FIRE by Jakub Kahl

Earth, air, fire, water
4 elements of nature.
Air as fierce as a raging lion.
Water as cruel as a volcano.
Fire as fast as a cheetah.

That fire caused by a little match.
That fire spreading wildly and quickly,
destroying everything on its way.
That fire killing people
and destroying their houses.

That fire spreading warmth
and calmness in our homes.
That fire giving us hot meals
in the circle of our family.
That fire giving us hot water
in a bat hor shower
after a very exhausting day.

FIRE by Lena Buczyk

I wake up,
Intense heat stops my nap
I hear screams, shouts and cries
Where are you, they say with voices weaker
than mice
I rush out of my room,
Suddenly hear a deafening BOOM!
Flames soar up above my head
The fire wolfs down my bed

It's like a lion hunting for its prey,
It's hotter than a summer day
Racing down the stairs,
I see fire worse than my nightmares

It chases me around the house,
I can feel it reaching my blouse
Finally, I bowl out of the lighted cavern
And gasp, looking at the tremendous fire.

THE FIRE POEM by Adriana Kobriger

One of the things that I like most
is a bonfire out in the open
with sausages that I can roast
unfortunately, that's rare but I keep hopin'

A chimney & fireplace are great favourites too,
when the wooden logs are crackling and
blazing
it's so relaxing to have nothing to do
it's just sitting, cuddling and grazing!

The easiest way to enjoy fire, however,
is lighting up candles for cookies & tea
because candles are cosiest things ever,
at least if you are such a fire lover as me!

THE OCEAN OF FIRE by Gabriela Kozłowska

The fire, the smoke, the light, the danger;
As bright as the Sun and as cruel as a flood.
As destructive as storm and as tremendous as
the World.
As hot as the Sun;
It's orange, red and yellow.
All in one.
We tried to escape, but as quickly as light, it
cut the way out.
"Jump!" they said.
But I was too scared.
The lovely animals tried to hide;
The only way out was to jump.
Seconds were hours and the smoke blotted out
everything.
We couldn't see, but we could hear every
whisper in the background.

THE FIRE POEM by Aleksander Żurkowski

The fire is all around us
It's seeking how to attack us

It can cause damage
And can cause death

When the fire comes
Everything is dead

The only rescue is water
But it is hard to get

Like gold, like diamonds
But it can save lives...

But fire is not only bad
It can be beautiful instead

And sitting by the firecamp
Watching the flames

It is very relaxing, fun
And can keep you warm.

FIRE ON THE HILL by Kalina Grygier

The fire on the hill, going higher, higher and
higher
As high as a mountain or the biggest tree.
The fire was hungry, so hungry, so hungry
As a pack of wolves.
It wolfed down every single thing on its way
The trees, the houses, the sheep and the
horses.

We could see the roaring fire spread fast, so
fast, so fast
Faster than lightening or a big wave
Moving towards another village,
The water pouring into the lake got drier every
second
It was dry as a bone or a pond in the middle of
a desert

We fought the fire;
It got bigger and more intense than it was in
the beginning
It was hot, so hot, so hot, so hot
Hotter than boiled water or steam
When the fire disappeared
It brought tremendous havoc and scorched
land and trees
But we were happy, so happy, so happy
As happy as a child.

Toruń Trip

By Juuso Savolainen, IB11a

At the end of the previous school year our IB Physics Group along with our Physics Teacher Mr. Błażej Ratajczak, decided to head to Toruń for a field trip. Our group managed to spend a whole day in there. We headed to Toruń early in the morning and returned late at night. Our day was full of activities and interesting places.

The first place we visited was the Astronomy Centre. There we were introduced to one of the largest radio telescopes in the world, which was over 30 metres tall and weighed over 620 tonnes. Unfortunately, we were unable to take a look through the lens, because it was a radio telescope (it means that the picture the telescope receives is printed on the screen). We also got a chance to see a scale model of our solar system. There were several small marbles and balls representing our solar system components spread out and we got to walk along a path made for them.

After the visit at the observatory, we headed downtown. There we visited the Planetarium. We also went to an Escape Room and, according to its management, we managed to escape with the second best time in history!

We also got a chance to buy some gingerbread cookies (pierniki). Since the gingerbread cookies are known as an icon of the Polish cuisine, there are a lot of places selling them. There was at least one store selling pierniki on every street. This resulted in basically everyone in the group buying some for themselves. After we finished getting the pierniki, we headed home.

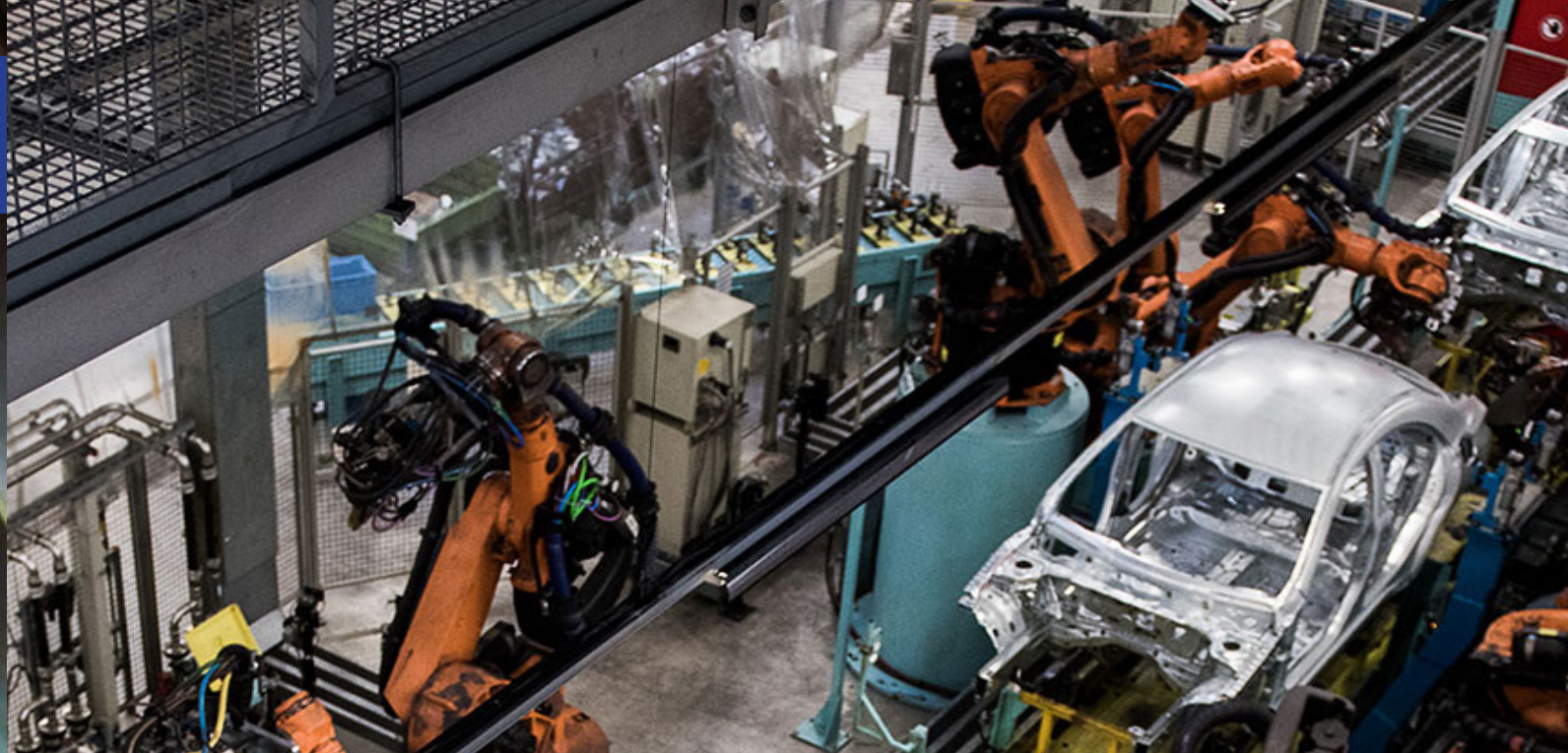
All in all, the trip to Toruń was awesome and I would gladly recommend everyone to visit Toruń.



Math City Challenge

On October 6, four ISO P students: Franciszek Celm, GIII; Maurycy Gawłowski, G10; Mikołaj Nowak, G10; and Maciej Wierzbicki, GIII; took part in the Math City Challenge and they finished in second place!. The game took them all over Poznań's district of Grunwald and, while solving math problems, the students ran close to 7 km.





Cars

By Martyna Ciesielska, IBilla

Nowadays cars are one of the most important means of transportation all around the world. One of the USA's publishers estimated that there were about 1.015 billion cars in the world in 2010. This suggests that over 13% of the world's population owns a car. The numbers are probably rising, as more and more people become richer, cars are cheaper and countries become more developed.

In the 20th century there was a major change in cars usage as they entered mass production. Ford Motor Company was the first to produce cars in numbers reaching around 15 million cars in the period between 1908 and 1927. In contrast, in 2012 over 60 million cars were produced globally, which gives a number of 165 thousand every day.

While driving becomes the essential part of people's lives, it has also some drawbacks. One third of all deaths among teenagers (13 to 19 years-olds) in 2010 involved motor vehicle crashes. In addition, it is estimated that 16-year-olds have higher crash rates than drivers of any other age.

Statistics show that 1.3 million people die every year in road crashes with additional 20-50 million seriously injured or even disabled. That gives over 3.2 thousand deaths and 55-137 thousands injuries per day. Additionally, road accidents are the primary cause of

death of people aged 15-29 and the second leading cause of deaths among people aged 5-14 worldwide.

Moreover, car exhaust fumes have a huge impact on the environment and human health. They speed up global warming by increasing CO₂ concentration and cause acid rains by releasing huge amounts of NO_x into the atmosphere. For example, in 1952 in London, car fumes caused formation of so called Big Smoke, killing 12 thousand people in just 4 days.

Despite all the mentioned above, cars are remaining the leader in popularity of means transportation. More and more people pass the driving license and buy new cars, which implies that motor vehicles will remain a major threat.

Interesting facts:

You can legally drive a car in South Dakota, USA, when you are 14 or older.

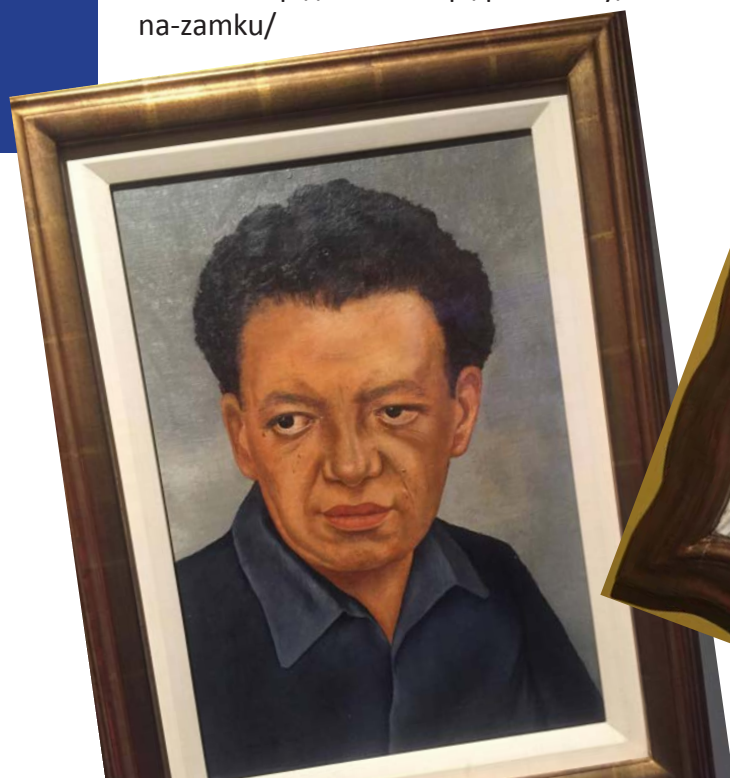
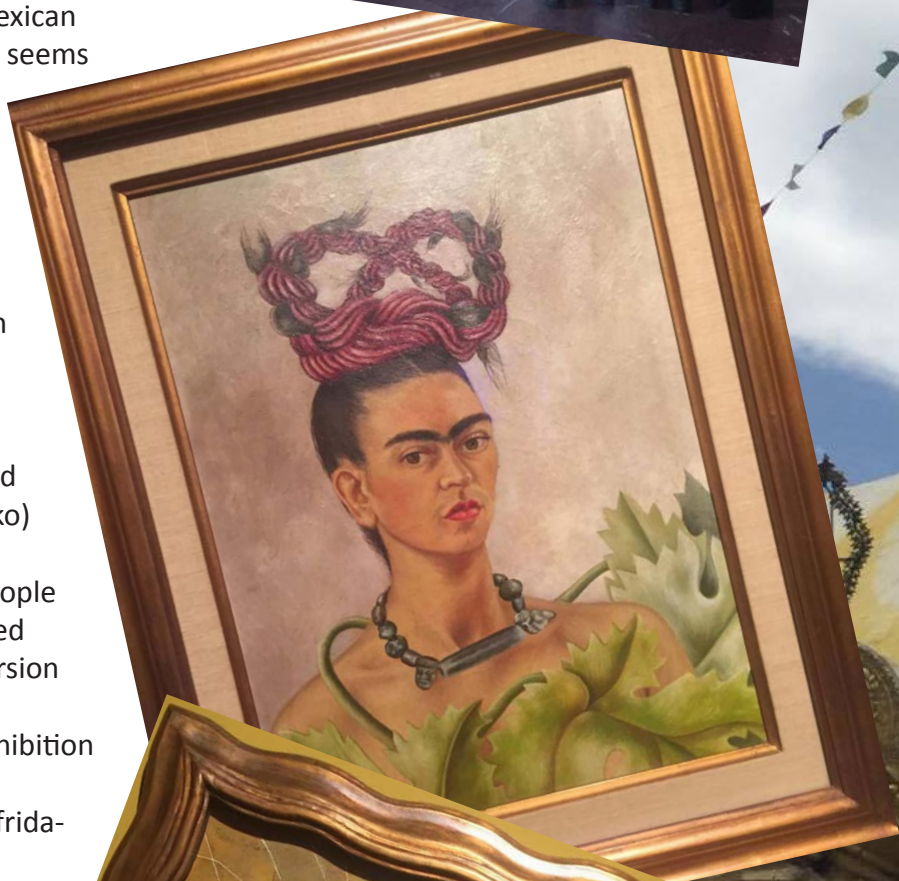
The oldest driving license holder in the United Kingdom in May 2014 was a 107-year old woman.

The first speeding ticket was issued in times when cars hardly were able to hit 45 miles per hour (about 70km per hour). That was in 1896 when Walter Arnold was caught driving 8 mph in a 2 mph speed zone.

Frida at the Castle

By Anna-Maria Guner, IBIIIb

From September 28, 2017, up to January 21, 2018, there is a great chance to see an exhibition of a world-renowned couple - Frida Kahlo and Diego Rivera - at the Castle in Poznań. They were both Mexican painters living in the XX century. However, it seems that nowadays Frida seems to be more popular than her husband, due to her colourful self-portraits, which are full of "pain and passion." Moreover, a feminist character of her works attracts also a lot of attention. She shows herself with an exaggerated little moustache and overgrown eyebrows to show her equality to men. I saw the exhibition myself and I really recommend it. Besides the full of emotions and message paintings of Frida Kahlo, I found pictures of Frida's Polish friend (Bernice Kolko) very interesting. They showed a daily life in Mexico in the XX century focusing on the people themselves. Still, I admired the painting titled La Mesa Merida the most, which original version mysteriously disappeared in Poland in 1955. You can find more information about the exhibition or buy the tickets at www.ckzamek.pl. Source: <http://ckzamek.pl/podstrony/1850-frida-na-zamku/>



Volunteering in Nepal



By Maria Witkowiak, IBilla

Nepal is a relatively small country located in southern Asia. It borders with China in the north and India in the south. Recently Nepal became a popular tourist destination but not many people are aware, that despite amazing heritage sites and awe-inspiring views, it is an interesting location for educational reasons.

This summer I participated in a two-week medical programme, which consisted of volunteering at clinics and hospitals of Bharatpur city in Chitwan district located in southern Nepal. Most tourists go to Nepal for trekking and omit the uneasy topic of unbelievable poverty. However, I had a chance to get to know the demanding Nepal, where people struggle to survive every day. Although the conditions in the hospitals were fairly good,

they were still incomparably worse than in any clinic in a more economically-developed country. Nepali use iodine, steam and gauze as the only sanitary measures, which largely increases the risk of post op infection.

As I aspire to study medicine in the future, during my stay I most enjoyed participation in procedures where I had a chance to observe professional physicians. Luckily,



most of them spoke English and I was able to ask in-depth questions. I spent most of the time in Maternity, Psychiatrics and the ER where I could speak to both patients and nurses about their view on health care and treatments in Nepal.

However, I consider the cultural experience as equally valuable. When I think of Nepal now I recall the stimulating scent of cardamom, cinnamon and masala tea, which



are the inherent components of the Nepali cuisine. I also had a chance to make traditional momo dumplings, learn Nepali dance and some words. Although it was hard to adjust to a different culture at first, hospitality and kindness of the Nepali people made my stay very interesting and to an extent allowed me to comprehend their mentality.

It wasn't until I came back to Poland that I realised how much I missed home. But after enjoying a long bath and catching up on TV series, I started thinking how much my journey to Nepal changed my perspective and perception of the environment I live in. I recalled cases of the most memorable patients and wondered what is happening to them now in Nepal, the mountainous country of hope. Just then I understood that what I value most about that country are the unbelievable contrasts and extensive diversity of the people and their stories.





Eljub 2017

EU-Project Austria

In the beginning of July, six students from our school went for a trip to Krems, a town in Austria, about 100 km away from Vienna. It was a summer part of Eljub Project, with high school students from countries that are located by Danube and few which have Austrian roots, but live abroad. However, we came earlier to Vienna to sightsee the most known and important places in the city, such as Schönbrunn, Belvedere, and St. Stephen's Cathedral, which was a great additional experience. The aim of the project in Krems was to write an e-book, however, this year there was an additional parallel project, in which I participated, named Values in Globalized Europe. There were up to two people from each country in order to get to know diverse perceptions of values from around the world, e.g. I got to know that the learning system in Iraq is completely different and based on different beliefs,



however, what surprised all of us was that in the end, the values turned out to be similar for all people from different cultures. Moreover, in the evenings we had extra activities, such as sports competition, cooking countries' traditional dishes, and movie in the cinema. The trip went by really quickly, I enjoyed it and recommend to those who would like to practice and improve their German skills next year.
Wiktoria Czech, IB11a



In the first week of July some IB students from our school participated in the Eljub Literaturwoche in Krems and der Donau, Austria. It is an annual international project aiming to integrate young people from thirteen European countries and, first time this year, refugees from the Middle East. We worked together to produce an e-book containing

serious and humorous, creative and analytical pieces on contemporary social issues, under supervision of respected Austrian writers and our teachers. Fortunately, the week was not spent entirely on writing. We had time to get to know our international company and have fun together, which was probably the most valuable bit of the project. Additionally, German was genuinely official language of the camp, thus provided us with somehow brutal but incredibly productive practice. Besides these activities, we had time to explore picturesque towns of Wachau and teeming with life city of waltz and schnitzel – Vienna. Now we look forward to returning to Krems next year. Maksymilian Mańko, IBIIb

At first - I'm not gonna lie - I was pretty scared whether I'll manage to clearly communicate in German. I'm glad that the excitement and positive attitude made that feeling fade. Honestly speaking, I didn't know in 100% how to say all of the things I wanted to but: a) I think it's pretty normal and b) I coped with the situation somehow. I reckon that being a part of such an unique international group made me train German language (both speaking and writing), realize that I still have a lot of work ahead but also gave me motivation to learn more in order to express my opinion fluently and in a flawless way. I really enjoyed the fact that we were not only writing the e-book but also had variety of trips and different kinds of events. We had an occasion to sightsee the beautiful city of Vienna but also quite smaller - city of Tulln. One of the best events was the Culinary Evening.

Even though I had been a little bit stressed about who my roommates were going to be, it wasn't worth it. We became friends and still are in contact. Let's just say I shouldn't have stressed at all. What I really liked about this trip was the opportunity to meet loads of people from different countries and become friends. Such experience reminds people that we still share



similar opinions, hobbies and interests even though we live hundreds or thousands miles away from each other. Those nine days passed by in a blink of an eye. I totally recommend everybody to go and I hope to go next year as well.

Dominika Dołęga-Mostowska, IBIIb

Krems in Austria

In May 2016, this town was only kind of a legendary town in Austria, because everybody who was there on this camp was talking only in superlatives about it. I didn't understand why, but right now I do and I am happy that I had the guts to go there, even though I had many "buts." It's difficult to say what aspects I liked the most about it, however, the "international dinner" and the presentations were the most teaching and interesting. What is the most important if you go there, take very comfortable shoes, especially when sightseeing Vienna with Ms. Musiał. Moreover, I've got to know many different and polite people with whom I am still in contact. Of course, there were some groups of teenagers and adults who weren't that kind and were laughing about our German language skills, but that was only the minority. After this camp, my language barrier got smaller, not only in German but also in English, because many people could also speak English. If you are afraid that your German isn't good enough to go there, don't be afraid. I could write much more in this article about Krems, but it would be better for you to experience it on your own.

Joanna Rosik, IBIIb



Halloween Party

G8 & VII

Nov. 3

